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# HIGH ANXIETIES

five scenes for contrabass tuba and piano

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MATTHEW KENNEDY

echo grove publishing



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five scenes for contrabass tuba and piano

(2019)

MATTHEW KENNEDY

(ASCAP)

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To purchase this and other performance materials, visit  
[kennedycomposer.com](http://kennedycomposer.com)

DURATION: approx. 10'30"

## ABOUT THE WORK

Various phobias and fears permeate our lives in assorted levels. Whether we are scared of the unknown, scarred from a childhood trauma, or simply uneasy in a given situation, many can pinpoint exactly what it is that make them anxious. *High Anxieties* – a play in itself on works for bass instruments – explores five such fears: neophobia (the fear of beginning something new), claustrophobia (the fear of tightly enclosed spaces), glossophobia (fear of public speaking), germaphobia (fear of germs/bacteria), and aviophobia (fear of flying).

## ABOUT THE COMPOSER

American composer Matthew Kennedy's music contains disarming clarity and simplicity, often seeking out dark places with an uninhibited wonder and spirit of exploration. His work has received critical acclaim including honors and commissions from ASCAP, BMI, Opera on Tap, Boston Musica Viva, Hartford Opera Theater, bassist Robert Black, Dynamic Music Festival at NYU, as well as residencies at Crosshatch Center for Art and Ecology (MI), Marble House Project (VT), and the Mayapple Center for the Arts and Humanities (CT). Recent activities include performances and lecture presentations at New Music Gathering, Northwestern University New Music Conference, Fresh Inc. Festival, and the North American Saxophone Alliance International Conference. His scores and recordings have been published by Parma Recordings, Soundset Recordings, and Ink&Coda Journal. Matthew is currently on faculty at the University of South Florida.

You can find out more about the music of Matthew Kennedy at  
[www.kennedycomposer.com](http://www.kennedycomposer.com)

*Commissioned by and Dedicated to*  
*Joseph Alvarez*

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# HIGH ANXIETIES

five scenes for contrabass tuba and piano

Matthew Kennedy  
(ASCAP)

## I. PROLOGUE (NEOPHOBIA)

Freely, molto rubato

(♩ = ca. 52)

rit. . . . .

Contrabass  
Tuba

Musical staff for Contrabass Tuba, showing a single note on a whole rest.

Freely, molto rubato

(♩ = ca. 52)

rit. . . . .

Piano

Musical staff for Piano, showing a melody in the right hand and accompaniment in the left hand. Dynamics include pp flowing, distant and mp sub. Includes a ped. marking and a 'do not lift' instruction.



Tempo primo

8va

lunga

Pno.

Musical staff for Piano, showing a rhythmic pattern with triplets and a 'lunga' marking. Includes a 'sub. attacca' instruction at the end.



## II. CLAUSTROPHOBIA

Relentless (♩ = ca. 80)

Breathe heavily into the horn

...more frequent breaths

Tba.

Musical staff for Tuba, showing a rhythmic pattern with rests.

Relentless (♩ = ca. 80)

mp molto staccatissimo - biting, anxious

Pno.

Musical staff for Piano, showing a fast, rhythmic accompaniment for the tuba part.



6 *End Breaths*

Tba. *mf*  
*a rush of nervous energy*

Pno. *ff* *mf sub.*

8

Tba.

Pno. *pp sub.* *mf*

11

Tba.

Pno. *pp sub.* *mf*



14

Tba.

Pno.

*p*

*ff* *cuvoré*

*pp sub.*

*ff*

17

Tba.

Pno.

*mf*

*mp*

*ff*

*mp*

20

Tba.

Pno.

*Ped.*  
*add gradually*

*Ped.*  
*add gradually*

23

Tba. *p holding back* *mf*

Pno. *pp* *molto* *f*

26

Tba. *p cantabile*

Pno. *fff* *pp sub.*

Ped.

29

Tba. *>* *3*

Pno.

32

Tba.

*mp*

Pno.

*mp*

34

Tba.

*pp*

Pno.

*pp*

36

Tba.

*Hum pitch into mouthpiece*  
(•)-----

*End Humming*

Pno.

39 *Breathe heavily into the horn*

Tba.

*mp* aggressive, but not overwhelming

Pno.

42 *slowly lift pedal*

*sim.* *sim.* *sim.*

Tba.

Pno.

46

Tba.

Pno.

*ppp* barely audible

Ped.

50

Tba.

*p poss.*

*molto*

Pno.

*p*

*molto*

53

Tba.

*f*

*8va*

Pno.

*ff pesante*

55

Tba.

*mp sub. cantabile*

Pno.

*ppp*

*Red.*

57

Tba.

Pno.

Measures 57-59. Tuba part in bass clef with a melodic line. Piano accompaniment in grand staff with a rhythmic pattern of eighth notes.

60

Tba.

Pno.

Measures 60-61. Tuba part in bass clef with triplets. Piano accompaniment in grand staff with a rhythmic pattern of eighth notes.

62

Tba.

Pno.

*fff* sub. - violent

Measures 62-64. Tuba part in bass clef with a melodic line. Piano accompaniment in grand staff with a rhythmic pattern of eighth notes. Measure 64 has a 3/4 time signature change.